



Confederation of Indian Industry  
125 Years: 1895-2020

## EMERGING STRONGER DURING COVID - 19

A Webinar Series on Managing Business Continuity in these  
Complex and Uncertain Times

### EAT RIGHT EAT COMPLETE IN THE NEW NORMAL

13 May 2020 | 3.00 PM

Wednesday | 1 hour 30 minutes | (UTC+05:30)

#### SPEAKERS

**Kavita Devgan**

Nutritionist, Author, Weight Management  
Consultant And Health Writer Based In Delhi

**Dr. Balaji Santanam**

CMO, Godrej

#### MODERATED BY

**Dr. Smriti Pahwa**

Senior Consultant-Advocacy, Arogya World  
Leadership Team



**22 May 2020 - 4:00 - 5:30 PM**

#### EMERGING EMPLOYEE WELLBEING TRENDS IN THE REBOOT ERA

##### What to Expect:

- Transformation of existing policies and protocols to enhance employee health and safety.
- Impact of digital transformation at workplace.

#### WHAT TO EXPECT

1. Healthy Foods For A Healthy Mind
2. Food And Nutrition Tips For Boosting Our Immunity, Tackling Mood Changes, And Boosting Our Efficiency When Working From Home

#### PARTICIPATION FEE:

- Rs. 500 (For one Webinar)
- Rs. 750 (For both Webinars)



Institutional Partner



Association Partner

