



Confederation of Indian Industry
125 Years: 1895-2020

CII Awareness Series on COVID-19

Module VIII

Building Immunity to COVID-19: The Ayurveda Perspective

Thursday, 23 April: 0900-1030 hrs

Themes

- Good Health & Immunity-
 - the whole person, deeper yet simpler aspects
 - emerging consciousness amongst the lay public
- COVID-19 Risk Stratification
- Building Immunity to COVID-19: key risk factors to focus on and their remediation/alleviation
- Dos and Don'ts during COVID-19 to be adopted in our life- Diet & Lifestyle tips
- How Doctors, Nurses, Medical Practitioners, Hospitals amongst others need to take care during COVID-19?
- Strategy to address differential risks in the workplace post lock-down
- Q&A

Faculty



Mr. Rajiv Vasudevan

Chairman CII Core Group on Ayurveda, and
MD & CEO, AyurVAID Hospitals

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